

The logo for Newark Community Health Centers, Inc. (NCHC) is displayed in white, bold, sans-serif capital letters within a solid blue rectangular box.

Newark Community  
Health Centers, Inc.

A row of five colored squares: light gray, yellow, light gray, light gray, and blue.

TAKING CARE OF THE GREATER NEWARK  
COMMUNITY FOR NEARLY 30 YEARS!

A solid blue square.


The Path to Wellness Starts Here

A horizontal bar with a yellow section on the right and a white section on the left.

2015 ANNUAL REPORT



Dear Friends of NCHC:



NCHC is one of the largest providers of comprehensive primary care services for uninsured and medically underserved populations in one of the country's most densely populated regions. With seven health centers located in Newark, East Orange, Orange, and Irvington, NCHC's goal is to meet the healthcare needs of these communities and the surrounding areas and help people live stronger, healthier, and happier lives.

We're proud to announce that in 2016 we will be celebrating 30 years of providing high quality, affordable, and accessible healthcare. Next year marks an important new chapter for NCHC as we strengthen our efforts to eradicate health disparities and continue to enhance and expand our centers and services. We are also proud to have been recognized by the federal government for exceeding 14 of the 15 Health Center Quality Clinical Performance Measures in 2014. These federal standards, put in place by the Health Resources and Services Administration (HRSA), guarantee quality patient healthcare, access to care, and value of care.

In August 2015, we cut the ribbon on a newly renovated Newark Community Health Centers' Headquarters and Medical Complex located at 741 Broadway in the North Ward of Newark. The new state-of-the-art \$12 million facility will allow for greater accessibility of healthcare by accommodating more than 65,000 annual visits and will expand on much-needed services such as Obstetrics/Gynecology and Adult and Pediatric Dental care, so that we can more effectively combat persistent issues such as disproportionately high infant mortality rates, diabetes, and asthma in the communities we serve.

This 2-story, 30,000 square foot facility was renovated and modernized using federal grant funding allocated under the Affordable Care Act. It went from 8 exam rooms to 24 and from 2 dental stations to 6. Additionally, it underwent a technology transformation including the implementation of electronic medical records. A key aspect of this expansion is the dynamically enhanced Women's Health program. The program has added more outreach and case managers, bolstered its wellness and prevention efforts, and it offers free pregnancy tests to attract younger women who are less likely to utilize healthcare.

We are committed to putting our patients on a path to wellness. Our goal is to transform and empower communities by meeting and exceeding their healthcare needs.

Sincerely,

Pamela Clarke, Ph.D., MBA  
President & Chief Executive Officer



# THE PATH TO WELLNESS BEGINS WITH OUR SERVICES



## ADULT MEDICINE PROGRAM

### Wellness and Prevention

- Diabetes
- Hepatitis B
- Hepatitis C
- HIV/AIDS
- Hypertension

### Infectious Disease

### Nutrition (Weight Management)

### Podiatry

### Optometry



## WOMEN'S HEALTH PROGRAM

### Wellness and Prevention

- Well Women Visits (Paps and Annual Exams)
- Mammography Program

### OB/GYN Services

- Centering Pregnancy
- Strong Start
- Healthy Start

### Nutrition



## PEDIATRIC PROGRAM

### Wellness and Prevention

- Nutrition (Weight Management)
- Asthma
- Immunizations

### Autism Screenings

### Sickle Cell Disease Program

### Healthy Start (Children up to Age 2)



## DENTAL PROGRAM

### Wellness and Prevention

- Prophylactic Cleanings/Exams (6 Months)
- Fluoride Treatments for Children
- Give Kids a Smile

### Dental Services

- Extraction
- Dentures
- Simple Procedures



## BEHAVIORAL HEALTH PROGRAM

### Wellness and Prevention

- Behavioral Health Screenings
- Sandy Behavioral Health Grant (NJ-DOH)

### Basic Intervention After Referral from Provider

### Referral to Psychiatric-Behavioral Health Treatment



## SOCIAL SERVICES

### Referrals for Substance Abuse Counseling and Treatment Services

### Assistance with Medicaid, Medicare, SS/SSD and Other Coverage

### Prescription Assistance Programs

### Assistance in Locating Housing, Transportation, Food, Employment and Clothing Programs

### Confidential HIV Counseling and Referral Services

# THE PATH TO EXCELLENCE BEGINS WITH OUR RESULTS

WE EXCEEDED 14 OF 15 CLINICAL PERFORMANCE MEASURES FOR 2014

	Measure	National 2014	NJ 2014	NCHC 2014
1	<u>Early Entry Into Prenatal Care</u> Percentage of pregnant women receiving prenatal care during first trimester.	72.20%	69.60%	75.62%
2	<u>Childhood Immunizations</u> Percentage of children with their 3rd birthday during the measurement year or January 1st of the following year who are fully immunized before their third birthday.	77.20%	82.60%	81.43%
3	<u>PAP Tests</u> Percentage of women 21 - 64 years of age who received one or more Pap tests to screen for cervical cancer.	56.30%	64.80%	67.14%
4	<u>Weight Assessment and Counseling for Children and Adolescent</u> Percentage of patients aged 2 until 17 who had evidence of BMI percentile documentation AND who had documentation of counseling for nutrition AND who had documentation of counseling for physical activity during the measurement year.	56.60%	72.30%	68.57%
5	<u>Adult Weight Screening and Follow Up</u> Percentage of patients aged 18 and older who had documentation of a calculated BMI during the most recent visit or within the six months prior to that visit.	56.10%	72.30%	68.57%
6	<u>Tobacco Cessation Counseling</u> Percentage of patients aged 18 and older who were queried about any and all forms of tobacco use at least once within 24 months.	81%	90.50%	96.03%
7	<u>Asthma Pharmacologic Therapy</u> Percentage of patients aged 5 through 40 with a diagnosis of mild, moderate, or severe persistent asthma who received or were prescribed accepted pharmacologic therapy.	80.80%	87.50%	95.36%
8	<u>Coronary Artery Disease (CAD): Drug Therapy for Lowering LDL Cholesterol</u> Percentage of patients aged 18 years and older with a diagnosis of CAD who were prescribed a lipid-lowering therapy.	78.40%	86.30%	85.71%
9	<u>Ischemic Vascular Disease (IVD): Use Aspirin or Another Antithrombotic</u> Percentage of patients aged 18 years and older who were discharged alive for acute myocardial infarction (AMI) or coronary artery bypass graft (CABG) or percutaneous transluminal coronary angioplasty (PTCA) from previous year OR who had a diagnosis of ischemic vascular disease during 2013 who had documentation of use of aspirin or another antithrombotic.	76.80%	81.90%	85.71%
10	<u>Colorectal Cancer Screening</u> Percentage of patients aged 50 to 75 who had appropriate screening for colorectal cancer.	34.50%	35.10%	34.29%
11	<u>HIV Linkage to Care</u>	77.30%	87.40%	96.65%
12	<u>Depression Screening &amp; Follow Up</u>	33.80%	50.50%	98.73%
13	<u>Deliveries And Low Birth Weight</u> Proportion of patients born to health center patients whose birthweight was below normal (less than 2500 grams).	7.30%	6.20%	5.58%
14	<u>Diabetes Care</u> Percentage of adult patients 18 to 75 years of age with a diagnosis of Type I or Type II diabetes, whose hemoglobin A1c (HbA1c) was less than or equal to 9% at the time of the last reading in the measurement year.	68.80%	68.70%	73.96%
	5 - 6.9%			65.08%
	7-8.9%			8.88%
	>9%			26.04%
	No Test			
15	<u>Hypertension</u> Proportion of patients 18 years and above diagnosed with hypertension (HTN) whose blood pressure (BP) was less than 140/90 (adequate control) at the time of the last reading.	63.70%	59.10%	60.35%



# OUR NEWLY RENOVATED NORTH NEWARK MEDICAL CENTER & HEADQUARTERS



From left to right: Mr. Obed Prinvil, NCHC Board Treasurer, Dr. Omar Bey, NCHC Board Vice Chair, Congressman Donald M. Payne, Jr., Luis A. Quintana, Newark Councilman At Large, Dr. Pamela Clarke, NCHC President & CEO, Congressman Albio Sires, Jaqueline Quiles, Newark Deputy Mayor, Anibal Ramos, Jr., Councilman Newark North Ward, Ms. Bridget Weideman, The Reinvestment Fund (TRF), and Ms. Celeste Griffin, Low Income Investment Fund (LIIF).



## Our 30,000 Square Foot State-of-the-Art Renovation Includes:

- Expansion from 8 exam rooms to 24
- Expansion from 2 dental stations to 6
- Latest Medical Equipment and Technology



# OUR LOCATIONS

## NEWARK

### Corporate Office

741 Broadway  
Newark, NJ  
07104

101 Ludlow Street  
Newark, NJ  
07114

751 Broadway  
Newark, NJ  
07104

155 Jefferson Street  
Newark, NJ  
07105

## EAST ORANGE

444 William Street  
East Orange, NJ  
07017

## ORANGE

37 North Day Street  
3rd Floor  
Orange, NJ  
07050

## IRVINGTON

1148-1150 Springfield Avenue  
Irvington, NJ  
07111



NCHC

[www.nchcfqhc.org](http://www.nchcfqhc.org)  
800.994.NCHC (6242)

